



**OUR VOICE SA**

Our news

April 2023





# April News

---

2022 Mental Health Act Review 2

Loneliness project 4

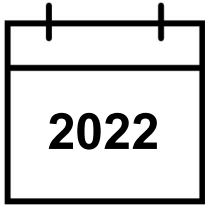
SACID Conference 5

OVSA in the country 6

Contact us 9



# Mental Health Act Review



In 2022 the Mental Health Act review was run by the **South Australia Law Reform Institute**.

We will call them SALRI



We told SALRI when the law makes it hard to use mental health services.



SALRI will tell us about the report at a Peer Network meeting.



## Loneliness project



We helped Flinders University with the Loneliness Project. The What Helps? study is on our website.



Some of the OVSA members talked about being part the project. It will be used in a video.



We will share the video when it is ready on Facebook.

# SACID Conference



South Australian Council on **Intellectual** Disability

## **Leading Through Inclusion**

---

**Conference 2023**

**Date:** Thursday 8 and Friday 9 June 2023

**Time:** Open 8:30am

Start 9:00am

Close 4:00pm

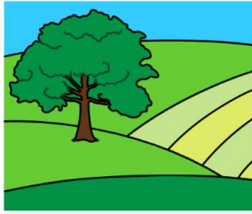
**Where:** Hilton Hotel

233 Victoria Square, Adelaide SA 5000

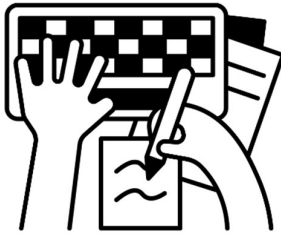
**Tickets:** Free for people with intellectual disability

**Scan here to get tickets.**





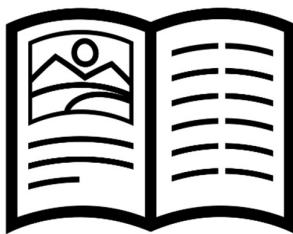
## OVSA in the country



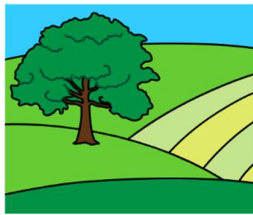
The country areas have been very busy.



The Riverland peer network did a treasure hunt about self advocacy.



The Mount Gambier peer network was in the CALM magazine.



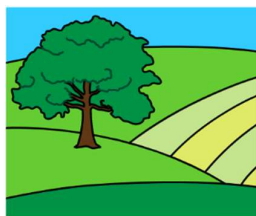
## OVSA in the country



## OVSA Riverland Peer Network Treasure Hunt!







## OVSA in the country

**CALM**

Email: [CALM.LimestoneCoast@gmail.com](mailto:CALM.LimestoneCoast@gmail.com)

FaceBook: CALM Limestone Coast

### Out and About social photos February 2023.....



Bonnie and Harry are regulars at Our Voice SA Limestone Coast and have completed all the workshops. They hosted a disco last year and love catching up with friends.

Kirsty is a great swimmer and this is her first time at OVSA today.



Brayden about to eat his yummy food!



**OUR VOICE SA**



Micheal and StaceyAnne are enjoying their chocolate ice cream and donuts!

Limestone Coast  
Peer Group  
06.02.23



Thank you to Olivia who was the Hostess for today's OVSA Meeting!



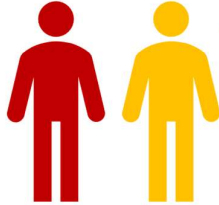
Tammie's first time and she loved it and will design her own page for March CALM.

Visit OVSA Limestone Coast on Facebook.

04



## OVSA Conference Committee



We want OVSA members to help plant the next conference.



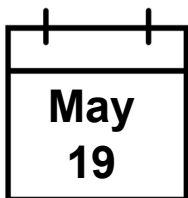
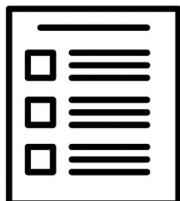
Lots of people want to help.

3 members can be on the committee.



**OUR VOICE SA**

The board will choose who will be on the committee.



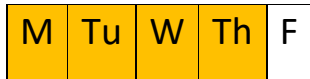
You need to fill in a form.

Give the form to the board by May 19.

## Contact us



**Ali**



Monday to Thursday 9:00am -5:00pm



8373 8327



[alisonv@purpleorange.org.au](mailto:alisonv@purpleorange.org.au)



**Tristan**



Weekdays 9:00am -5:00pm



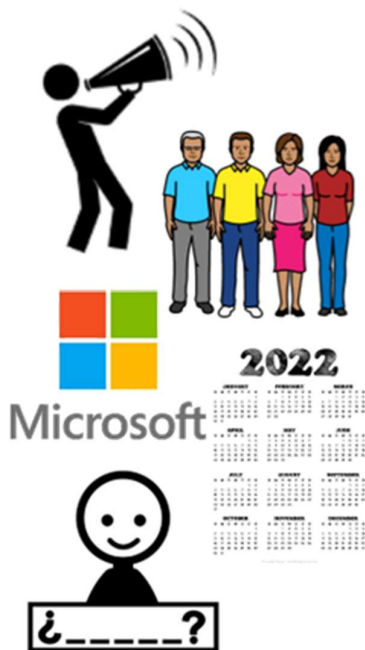
8373 8321



[tristans@purpleorange.org.au](mailto:tristans@purpleorange.org.au)



Our Voice SA wrote this newsletter



We used pictures from

Noun Project

Boardmaker

Microsoft

Picto-Selector