

ourvoicesa.org.au

Stronger and Louder

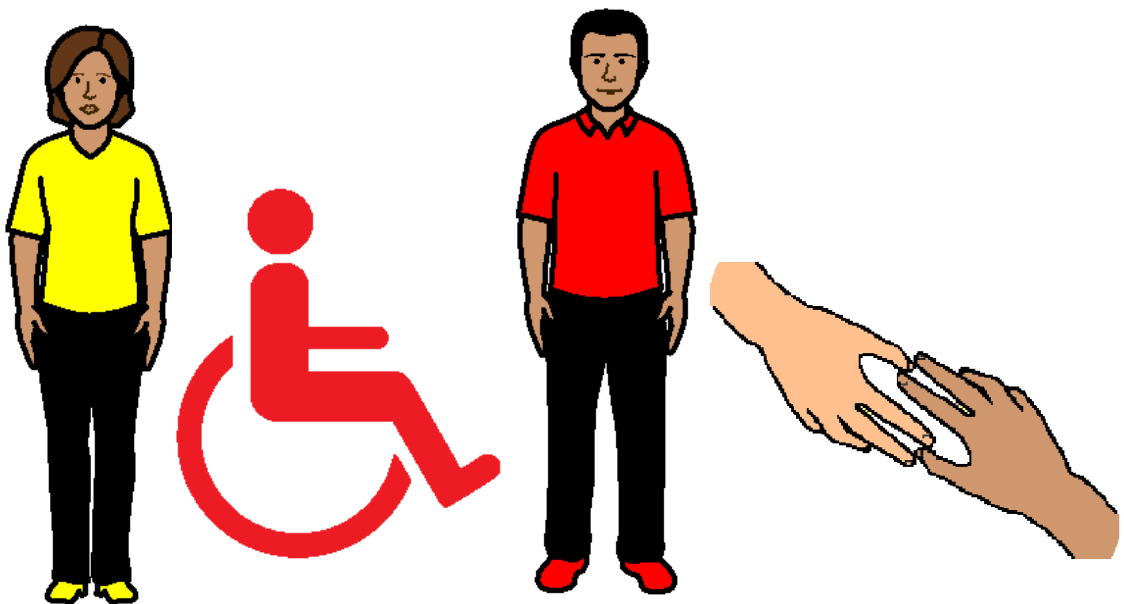
Exploring the emerging priorities
of South Australians living with
intellectual disability

EASY ENGLISH VERSION





Our Voice SA did a study.

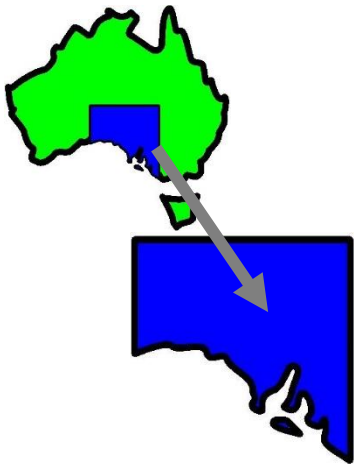


**What do people with
intellectual disability need?**

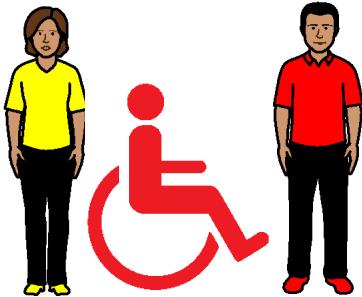
This is what we said. 2020



Our Voice SA

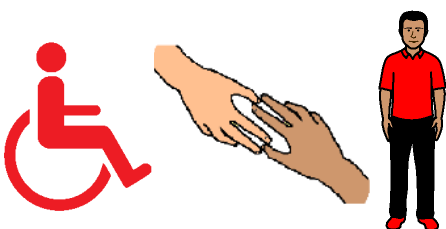


We are a group in South Australia.



We are adults.

We all have an intellectual disability.

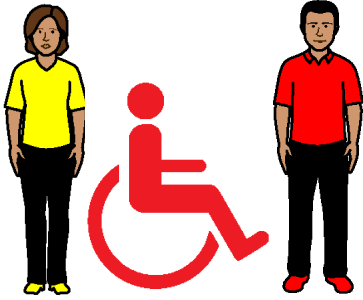


We learn to speak up for our selves. Like

- about our rights.

We are called self-advocates.

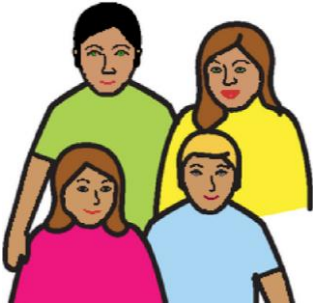
We also help each other to speak up.



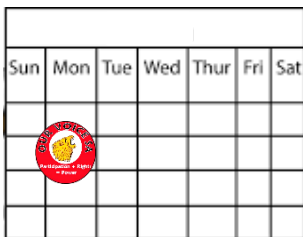
Our group has

- people with an intellectual disability

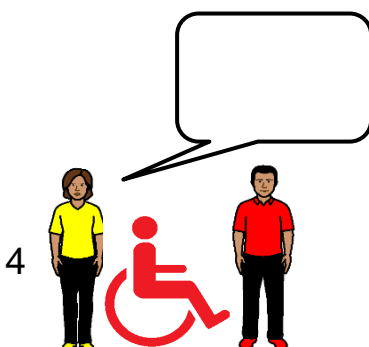
and



- some families
- some of our friends.



We meet 1 time a month.



We speak up about things important to us. Like

- we need information we can understand

- to feel safe when we go out.



We have a

- website. www.ourvoicesa.org.au
- Facebook page. It is OurVoiceSA.

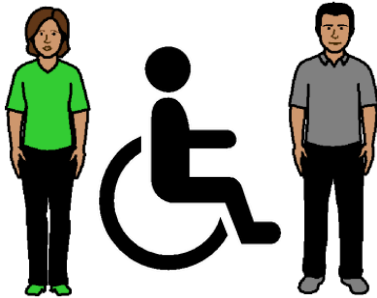


JFA Purple Orange help run our group.



What did we do?

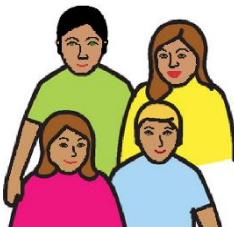
We asked what people with intellectual disability need.



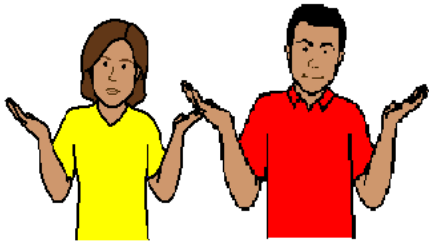
We asked

- people with an intellectual disability

and



- family
- friends
- people who help us. Like our support workers.

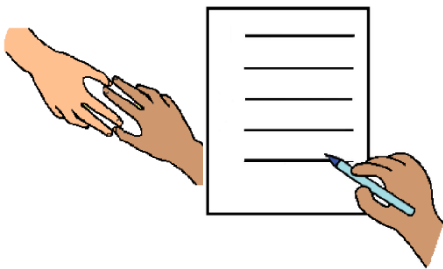


Why did we do the study?

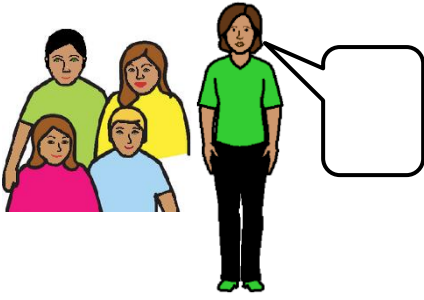


We need to know

- what works now
- what needs to change.



It helps us plan what we need to do.



What did people say?

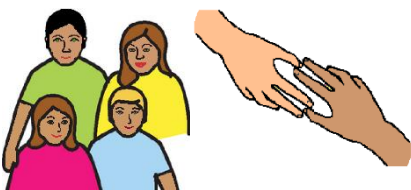


About the NDIS.



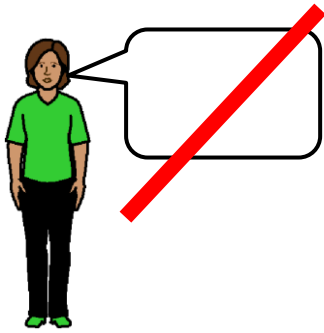
We said

- the NDIS plan was too hard to read
- we do not understand how the NDIS works
- there are lots of changes all the time
- we talk to a different person each time.



Other people said they

- did not know what was in our plan
- needed more help to make the plan work



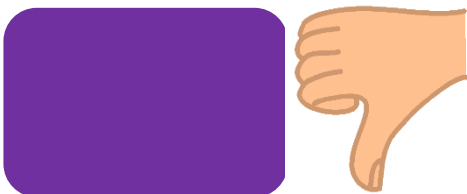
We also said

- too many people spoke for us
- it is hard to talk to the NDIS.

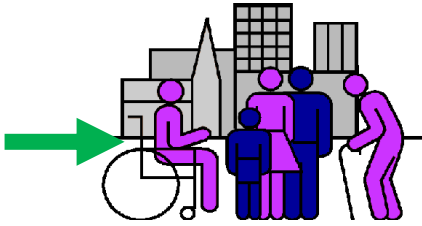


Other people also said

- there is lots of paperwork
- NDIS do not understand the needs of people with a disability.

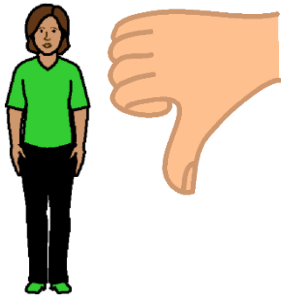


All this makes it very hard to use the NDIS.



Access to

- places. Like the movies
- events. Like the Fringe
- in our community. Like the library.

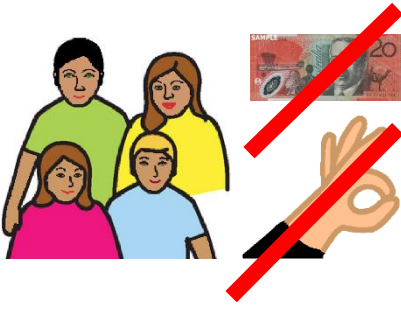


Many of us said this was hard.

Like there is

- **no** way to get to places. Like **no** buses
- **no** one to help go to some places
- **no** information about access.

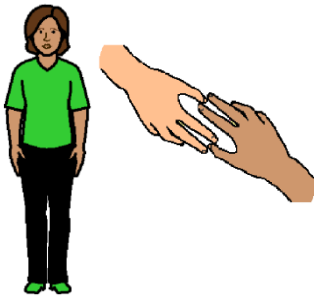
Like is there a ramp for a wheelchair.



Other people said

- there is no money to pay support workers to go with people with intellectual disability
- they worry about how safe a place is.

And

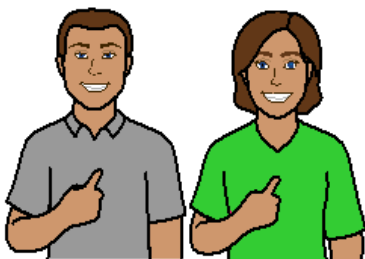


We need help to

- plan what to do
- learn new skills.



Then



We may be able to do more things by our selves.



Most people used public transport. Like buses.

But



In the country we need to

- ask family to take us
- ask a friend
- use a taxi.



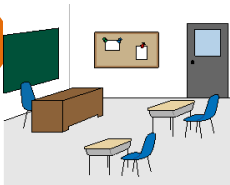


Jobs



Some people have jobs

Some people are looking for a job.

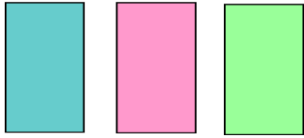


Some people are learning.



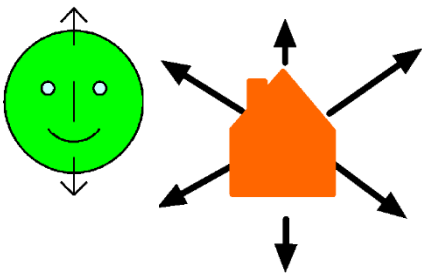
We said

- it can be hard to speak up at work
- there is **no** time to speak up
- we are **not** sure when to say things.



Make a choice.

To be in control.

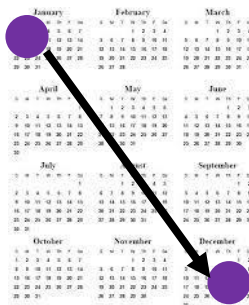


Most people said they had some say in where they live.

But



It is hard when you live in the country.



It also takes a long to move house.



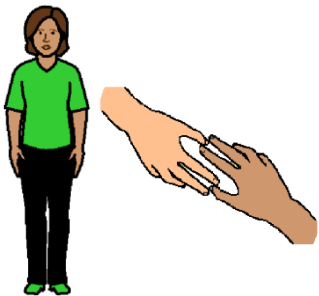
Access to information



We all said we need information in a way we can use. Like

- Easy English. Like this report.
- to listen to it
- text to speech
- role play
- pictures.

And



We need help to go through the information.



Other problems are

- we do **not** read much



- the information is confusing
- there are lots of parts to the information
- it does **not** tell you in a clear way.

And

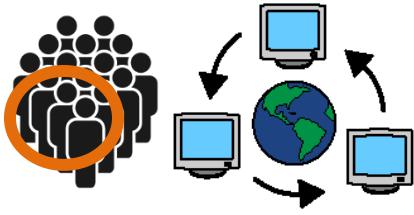


We do **not** have computers.

We can **not** use a computer.

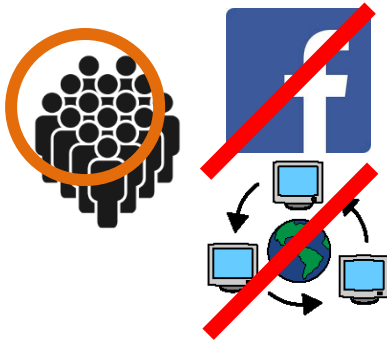


Some of us use Facebook.



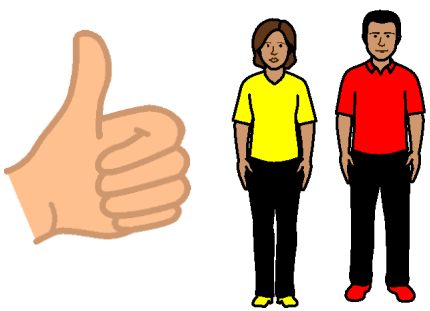
Some of us use some websites.

But

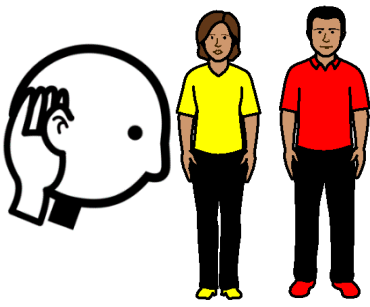


For many of us we

- do **not** use Facebook
- do not use websites.



We like to talk face to face.

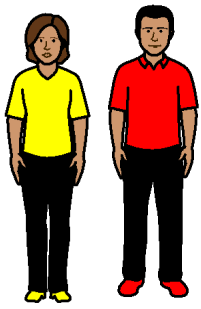


OVSA says every one must listen to people with intellectual disability.



OVSA says studies need to have money to do

- a chat with 1 person
- small groups
- make videos
- make information so we can listen to.



Our ideas for change



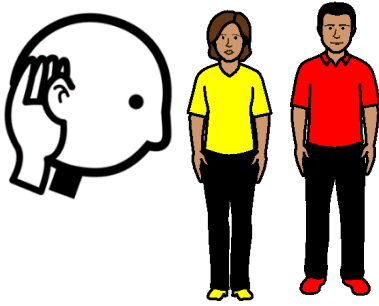
1. All services must have

- information in ways we can
 - understand
 - use



2. The NDIS must

- have information in ways we can
 - understand
 - use
- give us help to
 - understand our NDIS plans
 - do our plans. Like have a support worker.



3. Other people must take the time to listen to us.

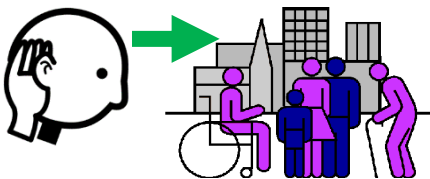
Like

- people who run disability services
- politicians
- Local Councils
- SA Government.



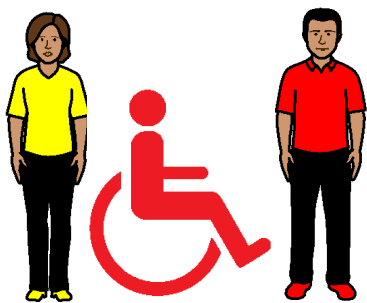
4. The NDIS must give money to run groups.

Like OVSA.



5. Other people need to listen to us about access

- to places
- to buses and other transport
- to services.

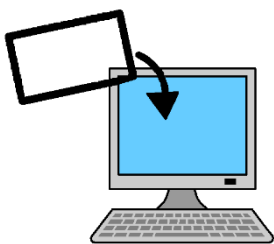


Talk to us



Call JFA purple Orange

Alison 08 8373 8333



Email

alisonv@purpleorange.org.au



www.ourvoicssa.org.au

Images

We have used images from



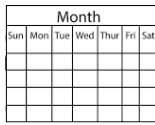
- ChangePeople

- COMPIC



- Mayer-Johnson

- Picto-Selector



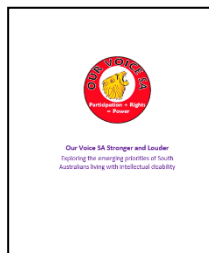
- Pinterest

- SocialBuzz



- Spectronics

- The Noun Project.



This report is based on the Executive Summary of Exploring the emerging priorities of South Australians living with intellectual disability.

OVSA. 11 May 2020



Access Easy English wrote the Easy English.

20 May 2020.

Our Voice SA

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